The year of being NORE: all the challenges and the accomplishments

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The world has always been a strange place, full of challenges and confrontations, of flaws and virtues, also above all: dreams and experiences.

Throughout this year I have had the blessing of leading and serving in this wonderful Exchanges Committee. I have managed to experience all the emotions a human being could feel: joy, uncertainty, sometimes worry, but always with hope and ambition. The obstacles that have been faced were in their majority searching to secure a future to the association and also our present have been challenging in several ways, nevertheless with all the happiness I can express, it has been a brilliant year for SCORE. It has undoubtedly been through a lot of hard work by my Local Officers who are the real reason it all works.

If we look back in time, it is easy to say (for someone who is not familiar with our duty) that almost all the work AMMEF A.C. manages is a bureaucratic movement, however from my personal point of view it is much more than that. AMMEF has represented for me a social group to which I can belong and contribute, while at the same time I have the fortune of being able to take advantage of endless opportunities that all the members have and offer them to anyone else.

It becomes a safe space and trusting environment, which helps you to be able to leave your comfort zone and at the same time it would become your favorite place to grow in a short period of time. It is the perfect locus to develop beyond academia and whatever we could imagine.

The association has been for me that, a space where I have met an amazing quantity of people, but above all, is where I have met myself and a fantastic group of people who are willing to dedicate their time towards a goal that we will hardly enjoy in our stay as physicians in training, which will be taken advantage by people who may not even know that we exist, but hopefully their experiences could become significant as to define some aspect of their entire life.

In the words of the podcast “Ficción” from 2022, “we are unsung heroes to future strangers”, I think the feeling of belonging to this association is very similar to that phrase: the reality of work being done internally may be far less impressive that you may think, however it is also far more meaningful than we could ever imagine. Leaving a legacy for the future ones can benefit the opportunities and being better than us.

In my particular experience, if I could travel to the past and have a conversation with my 10 year old self, maybe I would be a little worried, nonetheless with no doubt, so proud; the accomplishments that since that time I reach. Thinking in the Gerardo that worked in the construction now has visited numerous cities in his countries trying to achieve academic and personal goals the become more than a dream came true. And with no doubt I can be proud of myself and be helpful to the association.

If something life has taught me is that it is more worth it to enjoy the path to get our goals than the outcome itself. Thinking in my future, I will stay with the memories of everyone I know, all the familiar people and with all the love I learn to give and receive; with the ones that believed in me and of course with all the memories for the rest of my life. This year defines me and change the path of my life. If myself and my incredible partners reach this point of our life, I am sure that you could also get your goals and become even better than us, Óscar (SCORE pet) and I believe in you.

If I could ask you one more favor, would be to follow the phrase that helped me through my year: Keep looking the EXTRA in the ORDINARY.