

A letter of intent (I would not send)



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To whom it may concern,
Dear reader, I bring this letter to you, hoping it finds you well. I feel a profound sense of excitement as I write these lines. I haven't known AMMEF for very long, and although I have lived fewer experiences compared to members who have spent almost their entire career here, I am certain you will agree with me on one thing: this is an experience of great intensity.

Sometimes we are asked why we study medicine, and we always give very similar answers; the truth is, many of us still don't have a clear answer. But there is a more curious question: Why join AMMEF? There is no salary, the workload is heavy, we study a demanding degree at the same time, and yet, being here fills us with an inexplicable satisfaction.

As a Local Exchange Officer (LEO), my world revolves around mobility. I surround myself with incredible people: the SCOPEANS. I feel part of an extensive and experienced team, and I aspire to grow much further within it. Guiding a team might seem simple from the outside, but in practice, it is a complex challenge; every person has very different ideas. Along this path, I have learned that my actions no longer affect only me; today, they directly impact someone else's effort and the prestige of our association. I cannot imagine how difficult it must be to hold a higher position, but surely that is where we all aim to go.

I feel that even if I never fully finish knowing this association, I will be very happy with however far I go.

I am part of the Liga Estudiantil Médica Puma (LEMEP), a link in a much larger chain that extends across the entire country. We are part of a system that breathes teamwork, but honestly, I didn't truly understand the magnitude of my role until I experienced my first National Assembly.

Assemblies are events that change your life's path. Suddenly, you understand the "why" behind every sleepless night; you see the fruits of your labor and how it links with everyone else's effort. You meet physicians-in-training from all over the Republic, each with a different context but with the same fire in their eyes. It is a fleeting event, but you carry the memories with you for a long time.

I remember my first assembly vividly, mostly because it was only three months ago and it is the only one I have ever been to. I remember feeling like a foreigner, even among the people of my own local committee, but then I met amazing students who felt exactly like I did (I'm not saying people of my local committee aren't amazing; they were simply minding their own business, and I had to step out of my box to make new friends).

In a way, we were all foreigners there, seeking something more than the many other occupations we already had.

I am afraid some of you will even have the audacity to add even more tasks to your extracurricular activities. I cannot blame you; it's addictive.

Today, I am excited to see the students following in this administration, those who will eventually take my place. I want to express how deeply grateful I am to everyone who once taught me something I didn't know and allowed me to discover this side of medicine.

I write this for you all, but also for myself. I want to always return to these lines and remember my reasons for being in AMMEF, but this is a "letter of intent" that I would never actually send.



C.26.1. The LEMEP in Morelia.



C.26.2. SCOPE's beloved mascot.